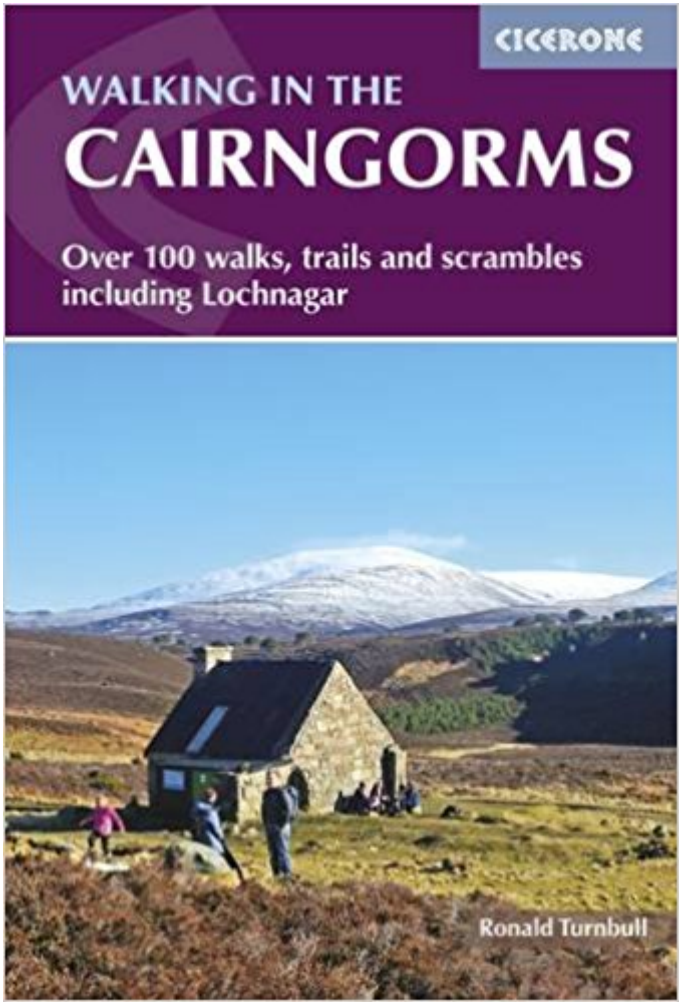
Ebook Directory
the best source of ebook

The book was found

Walking In The Cairngorms



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

This guidebook covers more than 100 hikes in Scotland’s Cairngorm mountains, including the 18 Munro summits of the region. The book provides low-level, mid-level and mountain hikes, which range from 1 to 26 miles in length. For the adventurous there are rocky scrambles and the two celebrated and particularly demanding longer routes of The Cairngorms 4000s and The Lairig Ghru. For those seeking a more gentle alternative, there are easy, sandy trails wandering among the tall pines and along the banks of the great rivers Spey, Nethy and Dee. From the granite plateau and its Arctic ecosystem of gravel, boulders and late-lying snow, the glacial glens and high corries where green lochans lie below great crags of the plateau rim, to the ancient Caledonian forest, Britain’s biggest mountain range is home to exceptional and varied scenery. The routes are split into seven parts, and along with the main Cairngorm range between Speyside and Deeside, cover Lochnagar. Mountain hikes are illustrated with sketch maps, while the low-level and mid-level routes have 1:50,000 mapping. Icons at the start of each route indicate type of walk (low level, mid-level or mountain) and ratings of its length and difficulty. Information on snack stops, public transport and accommodation is provided for each area, as well as a route summary table, scrambles summary and grading.

Book Information

Paperback: 320 pages
Publisher: Cicerone Press Limited; 2 edition (September 30, 2017)
Language: English
ISBN-10: 1852848863
ISBN-13: 978-1852848866
Product Dimensions: 4.6 x 1 x 6.8 inches
Shipping Weight: 12.6 ounces (View shipping rates and policies)
Average Customer Review: Be the first to review this item
Best Sellers Rank: #791,733 in Books (See Top 100 in Books) #144 inÃ Â Books > Travel > Europe > Great Britain > Scotland > General #748 inÃ Â Books > Travel > Europe > Great Britain > General #1166 inÃ Â Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging

Customer Reviews

Ronald Turnbull lives close to the Carsphairn and Lowther Hills. He was one of the first people to walk the Southern Upland Way. He is a runner as well as a walker, and in 1986 was awarded the

Long Distance Trophy of the Fell Running Association for a non- stop journey over the 148 hills of Southern Scotland.

Download to continue reading...

Walking in the Cairngorms Walking: Weight Loss Motivation: Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) Picturing Scotland: Scotland's Mountains: Glen Coe, the Cairngorms, Nevis Range, Torridon, Skye and 'Mor'... Cotswold Way, 2nd: British Walking Guide with 44 large-scale walking maps, places to stay, places to eat (British Walking Guide Cotswold Way Chipping Campden to Bath) West Highland Way, 4th: British Walking Guide: planning, places to stay, places to eat; includes 53 large-scale walking maps (British Walking Guide ... William: Planning, Places to Stay, Places) Pembrokeshire Coast Path: British Walking Guide: 96 large-scale Walking Maps & Guides to 47 Towns and Villages - Planning, Places to Stay, Places to Eat - Amroth to Cardigan (British Walking Guides) Walking Philadelphia: 30 Walking Tours Exploring Art, Architecture, History, and Little-Known Gems The Healthy Heart Walking CD: Walking Workouts For A Lifetime Of Fitness National Geographic Walking Washington, D.C. (National Geographic Walking Washington, DC: The Best of the) Walking Colorado Springs (Walking Guides Series) Walking with Dinosaurs Encyclopedia (Walking With Dinosaurs the 3d Movie) Robert Kirkman's The Walking Dead: Search and Destroy (The Walking Dead Series) The Walking Dead Volume 23: Whispers Into Screams (Walking Dead Tp) The Walking Dead Volume 24: Life and Death (Walking Dead Tp) The Walking Dead Book 12 (Walking Dead (12 Stories)) The Walking Dead Book 11 (Walking Dead (12 Stories)) The Walking Dead En Espanol, Tomo 1: Dias Pasados (Walking Dead (6 Stories)) National Geographic Walking Prague: The Best of the City (National Geographic Walking the Best of the City) National Geographic Walking Venice (National Geographic Walking Venice: The Best of the City) Copenhagen Walking Tour (Walking Tours)

Contact Us

DMCA

Privacy

FAQ & Help